



Year 7 Parents and Carers

Our Ref: KG/SP/Lifeskills Y7/SRE
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Dear Parents and Carers

As part of the Citizenship/Lifeskills Programme of Study in Year 7 your child will complete a number of lessons which cover physical and emotional changes that students experience during puberty, which come under the heading of Sex and Relationships Education. These lessons will follow on from similar lessons that may have been delivered during Year 5 and Year 6 and are designed to be age appropriate to the students. They focus on relationships and physical changes. The taught units include:

- Bodily changes in puberty
- Emotional changes
- Coping with feelings and emotions.

Sex and Relationships Education is a statutory requirement which means that we must teach it to all students. However, you are entitled to withdraw your child from such lessons should you wish to do so.

Please contact your child's form tutor in the first instance, should you wish to discuss withdrawing your child from these lessons. Please do not hesitate to contact me should you wish to discuss this matter further.

Yours sincerely

Mrs K Gunn
Senior Assistant Principal
Teaching School and Staff Development

Mrs Lydia Pringle
Teacher of English/ SMSC
Co-ordinator and 2nd in Lifeskills