

# Sir Christopher Hatton Academy A Member of Hatton Academies Trust



Title	Sun Safety Policy
Reviewed	February 2017
Next Review	February 2019
Associated Policies	
Originator	K Blackett
Approved	
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## **Sir Christopher Hatton Academy**

A Member of Hatton Academies Trust

#### **SCHA Sun Safety Policy**

#### Introduction

It is important that our students are made aware of the risks presented by exposure to the harmful effects of the sun's rays.

During a normal school day there is often limited exposure to the sun but too much exposure causes sunburn, skin damage and increases the risk of cancer.

All are at risk of sunburn within 10-15 minutes of being exposed to strong sunlight.

Skin cancer is largely preventable through behaviour modification and sun protection.

#### Pupils should:

- Be encouraged to apply sunscreen before the academy starts and can be encouraged to bring this into the academy for application at lunchtime.
- Be encouraged to make use of available shade during any break time.
- Be encouraged to drink plenty of water to avoid dehydration on hot days.

Skincare education should be part of our Lifeskills programme warning of the dangers of skin cancer and how to attempt to prevent it.

#### **Academy Sports Day**

Students will be advised to wear sunscreen and hats during sports day. Students should provide their own water.

### **School Trips**

Special consideration should be made for offsite trips e.g. skiing or any water based activity.

#### References:

- Health Education or refer to school nurse
- Health and Safety Executive http://www.hse.gov.uk/temperature/outdoor.htm