

BTEC Level 3 National Extended Certificate in Sport

Pathway 2

Course description:

A qualification designed to provide specialist work related skills for the Sport Industry and University entrance.

Gives learners the knowledge, understanding and skills that they need to prepare them for employment or sports based degree.

The National Extended certificate provides equivalent UCAS points to 1 GCE A Level.

Qualifications required:

- In line with the entry requirements for a Pathway 2 subject.
- Merit in the online exam at BTEC level 2 Sport.

Aims of the course:

A broad basis of study for the sport sector and to support progression to higher education.

Future prospects:

This course provides currency for entry to a plethora of higher education courses.

Methods of Assessment

- External examination
- Externally assessed synoptic
- Internally assessed externally moderated coursework assignments
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Subject Teachers:

Mr Hughes, Mr Folwell and Mr Brookes

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Year 12	2 Units	Year 13	2 Units
Unit 1 – Anatomy and Physiology in Sport (Mandatory) <i>Focus;</i> Skeletal, Muscular, Cardio-vascular, Respiratory and Energy Systems and how they respond to exercise. Assessed – External Examination 11/2 hrs		Unit 2 – Fitness training and programming for health, sport and wellbeing (Mandatory externally assessed synoptic) <i>Focus:</i> Screening clients for lifestyle assessments and understanding training methods and programming. Supporting improvements in the above	
Unit 3 Professional Development in The Sports Industry (Mandatory) <i>Focus;</i> 1 Knowledge and skills required for different career pathways in the sports industry. Assessed – Internally through 4 assignments		Unit 7 – Practical Sports Performance <i>Focus:</i> Learners study the skills, techniques, tactics and rules of selected sports through active participation in individual/team sports Assessed – Internally assessed through 3 assignments	